7.2.1- Describe two best practices successfully implement by the instistution as per NAAC format provided is the manual.

Best Practice No. 1

1. Title of Best Practice: Career Katta

2. Objective of Best Practice:

- To make the students competent for standing on their own feet beginning some new venture in the society.
- Under Career Katta this plan is implemented with co-ordinator of Maharashtra Government and the Indian Constitution of India for the overall development of the girl students.
- Similarly, the current often knowledge of the students is also taken care off.
- Students are prepared for UPSC/MPSC examination.
- Free UPSC examination training selection is provided to the eligible students.
- Pre-training for the entry for Police entrance examination is given to the students.
- Awareness for Cyber Security exam and training is given.
- Economic / Financial literacy among the students is allowed by different workshops and seminars.
- The students are made aware about the Environmental and Awareness.

3. The Context:-

- Career Kutta has been started in collaboration with Govt. of Maharashtra and our college with an aim to prepare girls for upsc and mpsc examination with minimum fee structure i.e. Rs. 365/- for three years that comes down 30 paise per day and every day one hour online claries are conducted for the preparation which is highly beneficial. The selected students are also provided free further coaching/guidance.
- Self Defence is also started with an aim to make the girls self sufficient for themselves looking at the latest times nowadays. The girls are trained, giving practice for self defence showing different situations. The purpose of this course is kept in mind as per the vision

and mission of our college where it is stated that all the girls from all state of society are being trained to face situations and made empowered.

4. The Practice:-

While practicing career Katta and Self Defence as best practice during this assessment senior our college has tried to best implement and reach out to the maximum but still these have been certain constraints and linitations during actual practice of the plans. As our girl students have been from the rural poor background, they felt difficult to follow the plans to upto cent-percent due to back of their command on knowledge or English language as well as IT knowledge. In villages, we do face the Internet problem and hence several times they turned the online classes. Majority of the students are so poor that they could not afford to go to good libraries and purchase books. Commutining is another problem many and times. Overall the program has been a great success as the students enjoyed the program.

5. Evidence of Success:-

Patil Sandhya Jeevan passed the Prelim exam of UPSC 2022.

We assure that the student named Patil Sandhya Jeevan could clear her prelims of UPSC examination of preliminary attempt of 2022 only due to the efforts of Career Kutta coaching that we had started at our college level in association with government of Maharashtra where every day the experts had been conducting classes online and motivating the students for such competitive examinations. Otherwise, our students never had such opportunity before to go for such high level exams being at tribal background.

6. Problem Encountered and Resources Required:-

Since our college is located in a tribal area, it had been a very Hercules / difficult task for all of us prepare mentally all the students as well as the parents to prepare for the competitive examinations such as UPSC/MPSC.

Similar in the case to invite the girls for the self defence classes who are living in this region.

West Khandesh Bhagini Seva Mandal's

Arts and Commerce College for Women, Deopur Dhule-424005

Best Practice 1: Career Katta

Invitation Card for Career Katta Best Practice



















West Khandesh Bhagini Seva Mandal's

Arts and Commerce College for Women, Deopur Dhule-424005

Best Practice 2 : Self Defence for girls

Self-Defence 2017-18

1) Name - Monali Gangaram Waghmode

Class - TYBA

Event's - Judo

1) Tournament - All India Inter University Judo Tournament ,Pune.

Rank / Achievement - Participation

2) Tournament - SNDT Women's University Inter Collegiate Judo Tournament.

Rank / Achievement - First (Gold Medal)

Best Talented Award

2) Name - Mangala Gangaram Goykar

Class - TYBA

EVENT - Judo

1) Tournament - All India Inter University tournament Pune.

Rank/Achievement - Participation

2) Tournament - SNDT Women's University Inter Collegiate Tournament Aurangabad

Rank/Achievement - First (Gold Medal)

3) Name - Dipali Rajendra Salunkhe

Class - SYBA

Events - Judo

Tournament - SNDT Women's University InterCollegiate Tournament, Aurangabad Rank/Achievement - Second (Silver Medal)

4) Name - Shital Gangaram Waghmode

Class - FYBA

Events - Judo

Tournament - SNDT Women's University InterCollegiate Judo Tournament, Aurangabad.

Rank/Achievement - Second (Silver Medal)

5) Name - Uma Nitendra Pawar

Class - FYBA

Event's - Judo

Tournament - SNDT Women's University InterCollegiate Judo Tournament Aurangabad.

Rank/Achievement - Second (Silver Medal)

Mr. Sandip Baviskar Sport Director

Self-Defence 2018-19

1) Name - Monali Gangaram Waghmode

Class - M.A.- I Event's - Judo

1) Tournament - All India Inter University Judo Tournament.

Rank / Achievement -

(1) Participation

2) Tournament - SNDT Women's University InterCollegiate Judo Tournament.

Rank / Achievement - First (Gold Medal)

2) Name - Mangala Gangaram Goykar

Class - M.A. I

EVENT - Judo

1) Tournament - All India Inter University Judo Tournament Pune.

Rank/Achievement - Participation

2) Tournament - SNDT Women's University InterCollegiate Judo Tournament.

Rank / Achievement - First (Gold Medal)

3) Name - khushabu Vikas Khandekar

Class - FYBCA

Event's - Pistol Shooting

Tournament - All India G V Malvankar Tournament.

Rank/Achievement - Third (Bronze Medal)

Mr. Sandip Baviskar Sport Director

Self-Defence 2019-20

1) Name - Monali Gangaram Waghmode

Class - M.A. II

Event's - Judo

1) Tournament - All India Inter University Judo Tournament.

Rank / Achievement - Participation

2) Tournament - SNDT Women's University InterCollegiate Judo Tournament.Nashik Rank / Achievement - First (Gold Medal)

2) Name - Jyoti Gajanan Chaudhari

Class - SYBA

Event's - Taekwondo

- 1) Tournament All India Inter Inter University Taekwondo Tournament, Selected Rank/Achievement Participation
- 2) Tournament SNDT Women's University Inter Collegiate Taekwondo Tournament, Nashik.

Rank / Achievement - First (Gold Medal)

3) Name - Anuradha Dilip Chaudhari

Class - FYBA

Event's - Taekwondo

1) Tournament - All India Inter University Taekwondo Tournament, Selected.

Rank/Achievement - Participation

2) Tournament - SNDT Women's University Intercollegiate Taekwondo Tournament, Nashik.

Rank / Achievement - First (Gold Medal)

4) Name - Shital Gangaram Waghmode

Class - TYBA

EVENT - Judo

1) Tournament - All India Inter University tournament Selection

Rank/Achievement - Participation

2) Tournament - SNDT Women's University InterCollegiate Judo

Tournament, Nashik

Rank / Achievement - First (Gold Medal)

5) Name - Aakkabai Piran Shriram

Class - SYBA

Event's - Judo

Tournament - SNDT Women's University InterCollegiate Judo Tournament.Nashik. Rank/Achievement - Second (Silver Medal)

6) Name - Mangala Gangaram Goykar

Class - M.A.II Event's - Judo

Tournament - SNDT Women's University InterCollegiate Judo Tournament ,Nashik Rank/Achievement - Second (Silver Medal)

7) Name - Varsha Krishna Khatal

Class - FYBA Event's - Judo

Tournament - SNDT Women's University InterCollegiate Judo Tournament, Nashik. Rank/Achievement - Second (Silver Medal)

8) Name - Vedantika Pratap Marsale

Class - FYBA Event's - Judo

Tournament - SNDT Women's University InterCollegiate Judo Tournament ,Nashik. Rank/Achievement - Third (Bronze Medal)

Mr. Sandip Baviskar Sport Director

Self Defence 2021-22

Name - Nikita Aabasaheb Mali Class - SYBCA Events - Pistol Shooting

Tournament - All India Inter University Pistol Shooting Tournament, Meerut, MP Rank /Achievement - Participation

Mr. Sandip Baviskar Sport Director

Self Defence 2022-23

1) Name - Darshana Rajendra Gavate

Class - FYBCA

Event's - Pistol Shooting

- 1) Tournament All India Inter University Pistol Shooting Tournament, Meerut MP. Rank/Achievement Participation
- 2) Tournament SNDT Women's University InterCollegiate Pistol Shooting Tournament/ Selection Trials. Andheri Mumbai.

Rank/Achievement - Second

2) Name - Nikita Aabasaheb Mali

Class - TYBCA

Event's - Pistol Shooting

- 1) Tournament All India Inter University Pistol Shooting Tournament, Meerut MP. Rank/Achievement Participation
- 2) Tournament SNDT Women's University InterCollegiate Pistol Shooting Tournament/ Selection Trials. Andheri Mumbai.

Rank/Achievement - Third

Mr. Sandip Baviskar

Sport Director

Best Practice 2 : Self Defence for Girls Photos















